

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Antonie Bam**

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #6

held at Cowhouse Market.

**TIME** 01:28:36

**PACE** 05:54/km

**OVERALL** 14 of 34

01 October 2017, Sun

Date

**GENDER** 12 of 22

**OPEN** 10 of 13



BoutLime

Signature